

Carlingford arms

Mid - Week Menu

Pan – Fried Salmon and Haddock Fish Cake , red onion marmalade and celeriac mayo

Baked Goats Cheese, with baby leaf salad and roasted beetroot

Pipping Hot Soup of the Evening, with homemade bread

Slow Roasted Pork Belly ,honey chilli pepper dressing and rocket salad

Chicken Wings ,basted in barbeque sauce,celery sticks and blue cheese dip



Fresh Atlantic Salmon ,with potato and herb crust

Braised fennel and carrot compote,served with clam butter sauce

Grilled Breast of Chicken with Lemon and Pepper Sauce

With louisiana potatoes,green beans

8 oz Sirloin Steak

Cooked to your liking,chunky chips and a red wine and mushroom sauce

Linguini Pasta

With button mushrooms,baby spinach,fresh parmesan,cream sauce

Fillet of Cod

Pan fried cod with tarragon scented mash,curry and mussel cream veloute

Grilled Beef Fillet

Creamed celeriac champ , port jus (€2.50 extra)

All Dishes Served with Chef's Selection of Seasonal Vegetables

Please ask Waitress for Dessert of the Night or Irish Coffee

€22.95